

# NOBLE PARK PRIMARY SCHOOL



## Breakfast Club Permission Form 2024

### ***Help For Non-English speakers***

*If you need help to understand the information in this policy, please contact Noble Park Primary School on: (03) 9546 8811*

Dear Parents / Carers,

At Noble Park Primary School, we believe it is important for students to begin the day with a nutritious breakfast. Studies have shown this helps with concentration and leads to better educational outcomes. It also provides a calming, social environment for the children before beginning their school day.

For this reason, students can access a free breakfast at Noble Park Primary School each morning from 8:30am.

Please be aware that if your child attends Breakfast Club the following food items are usually available:

- Various cereals including but not limited to Weeties, oats and muesli, Breakfast O's (gluten free), Maple Crunch (wheat free and nut free)
- Full cream milk
- Lactose free milk
- Yoghurt
- Wholemeal bread / toast
- Cheese
- Various spreads including but not limited to honey / jam / vegemite / margarine
- Tinned baked beans and spaghetti
- Fruit Salad in natural juice
- Fresh fruit and vegetables
- Snack foods including but not limited to Messy Monkey's whole grain bites
- Tuna and Rice Bowls

**Please record any allergies your child may have on the form below.**

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I have read this form and I give permission for my child (named above) to participate in the Breakfast Club in 2024.

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Any Allergies/Medical Conditions: \_\_\_\_\_

Parent/Carer's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Contact Number: \_\_\_\_\_

My child can eat anything: YES / NO (If no, please answer the following questions)

My child is allergic/intolerant to: \_\_\_\_\_

My child cannot eat \_\_\_\_\_ due to cultural or religious reasons.

*If you have provided further information in the questions above, you will be contacted to discuss the tailoring of specific activities and or recipes to accommodate your child's health needs*