



NOBLE PARK PS

Values Champions

On Wednesday the Values Champions and School Leaders met with Kate and Mitch with the task of adding the fourth value to our NPPS Matrix of Expectations: 'BE KIND'. First, we started brainstorming words that represent Kindness, including compassion, inclusion, care, nice, gratitude, forgive, share, help, offer, support and manners. We did a circle time to share experiences of kindness and thought about what kindness does not look, sound or feel like.



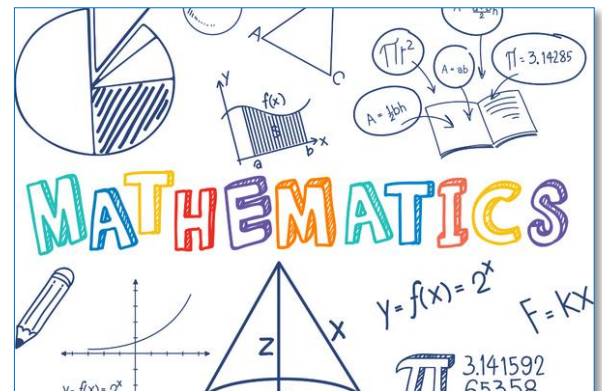
Additionally, we used those words to list ideas on how to be kind in different areas of the school: Outdoors, Toilets and Classrooms. Together, we put those words into statements and edited the statements and improved on them for the NPPS Matrix of Expectations. The session felt successful, and our team came up with some great ideas for our value: 'Be Kind'. *By Rohann, 5/6A*

Staff completed a similar task this week to ensure that the NPPS Matrix of Expectations represents all four Values and Meaning Statements. Once completed by the School Wide Positive Support team, the NPPS Matrix of Expectations will be shared with the whole school community.

Family Maths Afternoon

To create an inclusive school community that embraces opportunity, and inspires individuals to collaborative, learn and achieve, a Community Event has been planned for Wednesday 1st May 2024 (3:30pm – 5pm).

Family Maths Afternoon is a whole school event which will run annually at Noble Park Primary School. Activities will involve families and students working together on mathematical tasks. Family Maths Afternoon will provide an authentic opportunity to illustrate that mathematics is enjoyable, challenging, rewarding, and that collaboration is a powerful tool for increasing the likelihood of solving a task.



This event will ensure that families can see first-hand what explicit mathematics teaching and learning looks like so that families better understand how and why schooling has changed since they went to school. Families will also be welcome to ask questions about mathematics and mathematics teaching in a casual, relaxed environment.



Mental Health in Primary Schools Update

You'll be hearing from myself a few times this term to let you know all the latest happenings in the Disability Inclusion space at Noble Park Primary School. Across the three Learning Houses at Noble Park Primary School, our teachers work tirelessly to implement tailored strategies to support our students in the classroom environment. We aim to create calm and orderly learning spaces that promote a

focussed approach to learning. Our students are explicitly taught the expected behaviours linked to the Matrix of Expectations which is consistently referred to and reinforced by all staff.

Each week, all students participate in a RRRR lesson (Respectful Relationships, Rights and Responsibilities) <https://www.vic.gov.au/respectful-relationships>. This program was developed by the University of Melbourne to promote positive behaviours and good mental health in children. It addresses character strengths, coping skills, building resilience, building positive relationships and introduces students to a range of mindfulness strategies such as meditation and visualisation. The Victorian Curriculum includes Personal and Social Capabilities that are developmentally appropriate and provides guidance about skills and concepts we foster at each level.

Our Disability Inclusion team is working to build the capacity of the staff this year to expand our bank of strategies to promote mental health guided by the MHIPS coursework and the Mental Health for Schools toolkit. Part of our work includes developing knowledge about care pathways and services available within our network. We acknowledge the importance of understanding our students needs and working to support them with the appropriate resources and strategies.

There is also a Mental Health toolkit for families: <https://www.vic.gov.au/promoting-mental-health-and-wellbeing-home>. I recommend looking at this website to raise awareness of the range of resources available within the community including <https://raisingchildren.net.au/school-age>.

Here are just a few simple ideas that our teachers use to support students to regulate our students emotions at school which you could try at home:

- Listening to music
- Walk in nature- we are so lucky to be close to some fantastic parks such as Tatterson park and Braeside Park.
- Mindfulness colouring and drawing such as Zentangles
- Journalling
- Yoga- cosmic kids yoga
- Sensory toys and materials such as fidget toys (poppers, fidget spinners, stretchy toys) and playdough, kinetic sand
- Read a book. Please feel free to request some good recommendations from our staff.
- Get in a comfortable position and listen to guided meditation- <https://www.smilingmind.com.au/>, <https://www.headspace.com/headspace-meditation-app>
- Cuddling a soft toy or just play

We always strive to work in partnership with our families to build a strong sense of community. We welcome the opportunity to work with you to support your child/ren. We invite you to arrange a conversation with your child's teacher or our Wellbeing team if you have any queries in relation to this area please feel free to contact me – 9546 8811.

Kate Littlehales- Mental Health and Wellbeing Leader

What's happening in the Junior Learning House during Respectful Relationships Lessons?

In Years One and Two, the students have been learning strategies to cope with situations in a positive way. They have been discussing the concept of 'who goes first' and what this looks like when playing games and how to make fair decisions. The students have role played and work-shopped the skill of



going first and unpacked the emotions associated when this is not a fair process or when things don't go your way.

Out of School Hours Care School Council License Agreement

The School Council License Agreement with Our Patch expires on Monday 17th October 2024 and therefore the school is required to run an Expression of Interest (EOI) process. This is a mandatory process which ensures accountability and transparency. It is also a formal process and will be advertised on the school's website and local newspaper. To support this process, the school is required to establish a tender opening committee and a tender evaluation committee.



- A tender opening committee is responsible for opening and recording the details of all tender responses received. This committee usually consists of the Principal and a member of the School Council or a senior member of staff. The School Council is responsible for determining the members of the tender opening committee.
- A tender evaluation committee, responsible for evaluating the tender responses received and recommending the supplier to be engaged. This usually consists of the Principal, a representative of the School Council, and other persons if necessary.

Currently, the school is working with the Department of Education's Schools Procurement Branch to develop an Expression of Interest (EOI) document that will be provided to interested parties. Further information will be provided to the community regarding this process as it unfolds. If you have any questions regarding this information, please contact the front office on 9546 8811.

School Council

We currently have 4 parent member positions available on School Council. If you are interested in joining School Council or attending a School Council meeting as an observer, please contact the office on 9546 8811. For more information about School Council please visit our website. <https://www.nobleparkps.vic.edu.au/page/20/School-Council>



2024 Term Dates and Curriculum Days

Term Dates

~~Term 1: 30 January to 28 March~~

Term 2: 15 April to 28 June

Term 3: 15 July 20 to 20 September

Term 4: 7 October to 20 December

Curriculum Days

~~Term 1: 29 January & 8 March~~

Term 2: **20 May (Recently updated)**

Term 3: 26 July

Term 4: 4 November



Public Holiday Days (during a school term)

Term 1: ~~11 March~~

Term 2: ~~25 April~~ & 10 June

Term 3: NA

Term 4: 5 November

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